

Take a Shot Para Sport Day

For children/youth with disabilities, of all ages, their families and the community who support them.

Date: Saturday June 27, 2026

Time: 1:00 – 3:00 p.m.

Location: Carling Heights Optimist Community Centre,
656 Elizabeth St, London, ON

Cost: None

Register: Online at <https://taspsdjune27.eventbrite.ca>



Para Sport Partners: If you are interested in participating in this event as an exhibitor, please register online at <https://exhibittasps2026.eventbrite.ca/>

Description

Join our Therapeutic Recreation Team as we celebrate and explore the world of Para Sports!

This event is open to all who are interested in Para Sports. At this event you will be able to explore, learn and try a large variety of Para Sport opportunities.

Each of our wonderful local community partners will have their own display and will be ready to answer any of your questions and support you by trying adapted equipment.

Whether you would like to start a new sport, chat with some local athletes or simply want to try some adapted equipment, this is your chance!

Past Para Sports exhibitors have included Wheelchair Basketball, Para Swimming, Para Ice Hockey, Boccia, Frame Running, Hand Cycling and more.

If you cannot register online, please contact Carrie at register@tvcc.on.ca or 519-953-5445.

This is a partnership with the City of London.